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## *Inspiration from the Spirit Side*

by Rev. Mary Hietanen

*"I adorn my thoughts with noble ideas and walk in the presence of God;  
there all my needs and strength are given to me."*

Spiritual inspiration, wisdom and knowledge are given to mankind through God's army of loving and compassionate spirits. Spirits who bring their knowledge to the earth plane, knowing that the time is coming when every soul who enters the earth plane will know and understand that they are part of the universal light, having come to sojourn for a given time of their eternal existence. Here to learn and experience the earthly body, accepting its frailties. Sometimes experiencing pain and suffering while paying back the debts of karma. To bring forth, through physical birth, souls who chose to come to earth to learn. This is the only way the spirit can grow and evolve towards the universal light we call God. The spirit is the essence of God, and all are made in the image of God, therefore we are all one and the same, and within that 'Universal Spirit' lies the same power of God which will motivate us through eternity, expressing ourselves in many lives and many forms.

The sojourn on earth is for a very short time compared to the other planes. During this time the spirit conscience will hold all it has ever learnt throughout its existence.

We all have the choice to advance, rest awhile or take one step backward. Free will is the law of God and can never be taken away. Each soul is responsible for its own growth and advancement.

Spirit realms are many, existing on different vibrations. We earn the right through our experiences and challenges to enter into increasingly different levels. At the moment of transition the spirit body will gravitate to its own spiritual vibration. No spirit can move and live in any plane of thought unless they are of the same light. So we have in this vast universe, in terms of earthly numbers, thousands of planes where the spirit can exist.

The thoughts of each soul is a living and powerful energy yet to be fully understood by the denizens of the earth. Light will attract love, healing, mercy and all that is good and positive, and can be used as instruments of God's Power for the benefit of mankind. So it is, that the same law will operate for those souls with negative and darkened thoughts, with thoughts of cruelty and disharmony towards others.

All are given the opportunity for advancement on a spiritual level and to make amends for past mistakes.

Free will is a law and it plays a vital role in the growth of every soul whether they be on earth or in a spirit realm. WE WILL REAP WHAT WE SOW, be it good or bad.

So let us understand here and now how we must pay for, in due time, the deeds and actions of our daily lives or in any other plane of existence.

Whatever you do to another let it only be good, for isn't that what you expect for yourself? Think always before you act—is it for good? If not, dwell on it my friends. Remember every deed is stamped on the soul, and can be seen within the aura where all emotions, thoughts and patterns woven throughout your lifetime will show. Nothing is hidden from your spirit friends and guides, whose duty it is to guide you to your spiritual home.

God is ever loving, and a powerful army of concerned spiritual beings are ever ready to help and teach souls that are struggling. To bring them back to the peace and harmony of their own spirit self.

We judge only ourselves and strive to rectify our weaknesses. Whatever the situation, no soul is alone when it cries out for help. Its cries will be heard though the vibrations of the etheric world and some loving spirit will be there to comfort and uphold them in their hour of need.

Have not the eyes of many been opened, and through the power of spirit they have been given the privilege to, in turn, open the hearts and minds of others to the spiritual realms? Used as instruments for healing, teaching, communications, and many other forms of mediumship whilst in the earthly body?

So it is my friends, the light of God is spread across all nations, bringing light where there is darkness, hope and peace to the hearts of mankind, telling them the glorious truth of who they are.

Spiritual beings are on a sojourn to earth for a short term of their eternal life. To experience the physical body, to learn lessons, to overcome what comes before them, and will one day, without a doubt, return to the source of their origin.